

Beyond Election Day

Registering to vote and casting your ballot in the election are only one piece of political engagement. Whether the candidates you voted for won or lost, you can take a variety of steps to further your knowledge of political issues and advocate for policies and candidates you support.

Here are some suggestions & links:

- [Contact your elected representatives](#) to make them aware of your views and advocate on behalf of specific policies and legislative proposals
- [Join the College Democrats or the College Republicans](#) to meet other students and sharpen your understanding of issues.
- [Join the Committee for Political Engagement](#), a student advisory and action committee convened by RCCL to promote nonpartisan political engagement among students.
- [Take a course in the Political Science department](#). Take three and complete a cluster, or keep going for a minor or a major.
- Complete an internship with an elected official or for a political campaign. [Contact the Career Center & Internship Center to get started.](#)
- [Participate in UR's Rochester Urban Fellows summer program](#) to learn about local urban issues and steps being taken to revitalize our community.
- [Participate in the Washington Semester program](#) to gain experience and build a network of connections in the nation's capital.

The Rochester Center for Community Leadership can help connect you to any of these opportunities. Visit us in 107 Lattimore Hall or online at www.rochester.edu/college/rccl

ROCHESTER CENTER FOR
COMMUNITY LEADERSHIP

Office of the Dean of Students
.....
UNIVERSITY of ROCHESTER



If the political climate has caused unhealthy anxiety, the [University Counseling Center](#) can provide support for coping with stress.